

CONSENT FOR SURGICAL OPERATION OR INTERVENTIONAL PROCEDURE

I, Dr. Paul J. Belt, have discussed with the patient/parent/guardian the patient's present condition, and alternative treatments available, and have explained the benefits and risks of the proposed operation or procedure.

The proposed operation / procedure is
Liposuction to.....
.....
.....

Dr. Paul J. Belt.....

I,
Of
Request the operation / procedure to be performed on me / upon (insert name of patient).....

I understand that other unexpected operations / procedures may also be necessary and I request that these be carried out if required.

I understand that a sample of my blood may be tested if there is an injury to either my doctor or a hospital staff member during the proposed operation / procedure.

Although this operation / procedure will be carried out with all due professional care and responsibility, I understand that in some circumstances the expected result might not be achieved.

I understand that complications may occur with any operation / procedure, and I accept the possible risks associated with this operation / procedure.

I have had the opportunity to ask questions about my operation / procedure and I am satisfied with the information I have received.

.....
Signature of Patient / parent / Guardian

.....
Date

.....
Signature of Witness to Patient's signature

.....
Name of Witness

.....
Address of Witness

.....

Potential risks and complications

General risks

General risks include :

Bruising, swelling, excessive bleeding requiring blood transfusion, wound infections,

Anaesthetic related problems, including heart attack, stroke, deep vein thrombosis in veins of the calf, pulmonary embolism, chest infection and death. A sore throat may follow a general anaesthetic.

Problems related to abnormal scarring (hypertrophic, keloid & stretched scar).

Specific complications

Specific risks include :

Asymmetry,

Uneven skin contour defects including rippling, dimpling and loose skin. Revisional surgery may be required.

Collections of fluid underneath the skin including serum (seroma), blood (haematoma), pus (abcess),

Brown spots and skin discolouration due to leakage of pigments from damaged red blood cells, these may become permanent if exposed to uv light or the sun,

Damage to the skin,

Temporary loss of sensation and numbness to the skin, occasionally permanent,

Local anaesthetic overdose

Absorption of large volumes of fluid

Damage to the deeper underlying organs and structures

Excessive fluid loss

Fat emboli into the bloodstream

Smoking will significantly increase the risk of these complications as does obesity.

It is important that a patient's health is maximised before surgery to minimise these risks. This includes ceasing smoking at least a month before the surgery. In addition, if one can obtain the ideal weight prior to surgery then the benefit of the operation is maximised. Subsequent alterations in body weight including gain and reduction may reduce the long terms effects of liposuction.