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Two case reports on combined radical abdominoplasty and bilateral breast augmentation after childbearing and weight loss.

















CASE 1

A twenty nine year old mother of two who was requesting rejuvenation of her breasts after breastfeeding and removal of the excess skin from her abdomen as well as removal of a previous abdominal scar from a surgical laparotomy at the age of fifteen.

underwent a radical abdominoplasty with removal of the previous abdominal scar and plication of the rectus abdominis muscles

She also underwent a breast augmentation through inframmary fold incision with high projection, high profile 380cc Mentor CPG 333 anatomical implants placed under the muscle.

This patient was delighted with the change in the contour to both the chest and the abdomen. She also went from a very small 10B to a very large DD.

CASE 2

A thirty seven year old mother of three who had lost over forty two kilograms in weight.

underwent a radical abdominoplasty where the excess skin was removed and breast augmentation performed using an incision underneath the muscle with high projection, high profile 330cc Mentor CPG 333 anatomical implants being placed on top of the muscle in the sub fascial plane.

At the time of the abdominoplasty she had 768 grams of tissue removed.

After the breast augmentation she went from a 14B to a 14D. she was very happy with the final outcome of her surgery.

It should be noted that a combined radical abdominoplasty and breast augmentation produces an affect where the "whole is greater than the sum of the parts".

The affect of combining both procedures produces a result that is better than performing the two individual procedures alone. It completely transforms the entire shape of the torso.

In both of these cases the breast augmentation has achieved a subtle correction of the breast droop (ptosis) as well as restoring the volume where tissue has been lost through a combination of pregnancy, breastfeeding and weight loss.

These are common procedures that are performed in a classic "mummy makeover". Other procedures can also be performed and are tailored to the individual.

Before